



**Strathcona**  
GIRLS GRAMMAR



**2024**

# Careers Evening



**100**  
CELEBRATING  
100 YEARS  
1924 – 2024

# Welcome



## Welcome to the Careers Evening 2024

This year, we have a guest speaker in Featherstone Hall at 6pm (details below) followed by alumnae from a range of fields and career paths joining us to present to you and discuss their studies and career paths since leaving Strathcona.

Our guest speaker will be Alexander Cork, Senior Academic Advisor, Crimson Education who will speak on the following topics:

- Applying to top US & UK unis with the VCE - scores and subject strategies
- The US college experience and application
- The UK university experience and application
- Key areas of focus for Year 7-12 students

Following our guest speaker, you can join our alumnae panellists as per below.

**6.00pm - 6.30pm** - Guest Speaker: Erin Devlin(2002)- Managing Director of people2people Recruitment, Victoria, and Infront Sports Consulting **in Featherstone Hall**

	Senior School Upstairs	Senior School Downstairs	Year 7/8 Area	Featherstone Hall
<b>SESSION 1</b> <b>6.40pm</b>	Creative	Marketing	Health 1	
<b>SESSION 2</b> <b>7.25pm</b>	Education & Social Work	Law & Criminology	Technology	Business 1
<b>SESSION 3</b> <b>8.10pm</b>	Engineering/ Environment	Business 2	Health 2	

Tips for getting the most out of Careers Evening:

Careers Evening is a perfect opportunity for you to try out basic networking skills in a safe environment. Don't be afraid of the term 'networking'. Lots of people misunderstand it but really just means connecting with other people. Remember that every single person here tonight was once in the same position as you.

The idea behind basic career networking is to find out what someone actually does in their job, find out what they did to get to where they are and understand a bit more about what is happening in the job market today. Some easy questions (see below) can help you to find this out from each person you meet with.

You may not get to the end of the night knowing exactly what you want to do, which is quite okay, but you will know more than you did at the start of the night. This might help you understand more about the university course you think you might like to study, some of the jobs you think you might like to do, explore some industries you might be interested in, find out about jobs you didn't know about or rule out somethings you think are not interested in. All of those things have value.

This booklet contains information about each panellist to help provide some background ahead of the evening.







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# Guest Speaker



## **Erin Devlin (2002)**

Managing Director - people2people Recruitment Victoria

Erin Devlin is the Managing Director of people2people Recruitment Victoria and Infront Sports, the 2022 RCSA Industry Leader of the Year, and the Next Gen Board Director for the Recruitment, Consulting and Staffing Association (RCSA). She is the 2017 RCSA SEEK Professional Recruiter of the Year, and author of the book 'Get the job you really want' released by Major Street Publishing in 2021. Erin is an engaging speaker, business mentor, and leading expert on careers, jobs, and employment for media outlets including ABC, Channel 7, Nine Network, Foxtel, and 2UE.

A Graduate of the Australian Institute of Company Directors (GA-ICD), Erin studied marketing and human resources at an undergraduate level and holds a Graduate Certificate of Business (Dean's List) from Deakin University. Through Infront Sports, she has worked with over 500 professional athletes and coaches on career transition and planning and with people2people has passionately led and developed recruitment teams, helping people further their careers and businesses. Her book 'Get the job you really want' is available here.

You can also connect with Erin on LinkedIn for career advice and tips: [linkedin.com/in/erindevlin](https://www.linkedin.com/in/erindevlin) and visit [people2people.com.au](https://people2people.com.au).

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Examples of questions you might like to ask alumnae in attendance include:

1. *Are you doing what you thought you would do when you were at school?*
2. *What did you study at university?*
3. *What was your first job after university?*
4. *How did you get into your current field?*
5. *What experience (paid or unpaid) would you recommend that I try to get if I am serious about getting into this industry?*
6. *Please tell me what you do on a typical day at work.*
7. *What do you like about your job?*
8. *Are there any specific courses that are beneficial for getting into this field?*
9. *How do you see jobs in this field/industry changing in the next 10 years?*
10. *What sort of person is suited to your job?*

If you are interested in following up one of the alumnae panellists, please email [osa@strathcona.vic.edu.au](mailto:osa@strathcona.vic.edu.au) and we will endeavour to put you in touch with them. It is helpful if you can tell them specifically why you'd like to follow up with them, for example you'd like more advice about (something specific) or you'd like to ask them a few more questions.

# Session I

## Creative

### Senior School Upstairs



#### **Kendall Bryant (1992)**

##### Creativer - Theatre Director, Choreographer, Writer, Visual Artist

Kendall is a visual artist, theatre director, writer, choreographer, producer and performer with a background in drama for development and creative arts therapies. She has employed the arts to work with populations affected by extreme poverty, family violence, street violence, trauma, homelessness and alcohol and other drugs. Kendall has had the opportunity to produce and direct a wide range of productions and events from musical theatre to classic, contemporary and experimental theatre, to 'exploration' pieces, to outreach and development theatre, music concerts to stadium events. She has conceptualised and led the design and implementation of a number of projects in Canada, Lesotho, Madagascar, Mexico, South Africa, Swaziland, United Kingdom, The United States and Zimbabwe. Kendall believes every single person can be an artist and is committed to proving the disbelievers wrong.



#### **Maddy Chetcuti (2014)**

##### Architect - Fraser & Partners

Since leaving Strathy Maddy completed a bachelor and masters degree of Architecture at Monash University. From her degree Maddy has gone on to working in both residential and commercial architectural practices. Her proudest moment so far has been to assist running a 200 million dollar multi-residential project in South Yarra. Her role as a graduate of architecture is varied but typically she assists in designing interiors, spatial layouts, structural engineering and problem solving. What she enjoys about this area is that every day is different and whatever you believe in you can influence the way people live, work, play and have a meaningful impact in society and the world.



#### **Maddy Hopkins (2014)**

##### Marketing Manager - Castalia Performance

At school Maddy's favourite subjects were Visual Communication Design, Art, and Food Tech. After she finished school, Maddy studied a Bachelor of Visual Communication Design at Deakin University whilst she worked casual jobs and did some freelance work to build her personal brand. Maddy's first role in the industry was working part-time as a Junior Graphic Designer at Fletchers Real Estate, whilst she undertook further study in a Master of Marketing, as she knew designers typically sat within a marketing team. Maddy now works as a Marketing Manager in the aged care and retirement living sector, but her role heavily involves graphic design, which allows her to fulfill her passion for creativity.



#### **Ruby-Jane Meers (2016)**

##### Creative Strategist - oOh! Media

Since leaving Strathy Ruby-Jane studied at RMIT Completing a Bachelor of Communication Design. She has worked as a freelance graphic/web designer during and post her bachelor degree. During 2020 Ruby-Jane worked as a designer at Mobilise, a non-profit organisation which works with those who are experiencing homelessness. In 2021, she made my way into the world of advertising & media. As a designer/creative Ruby-Jane worked across many iconic Australian brands, creating campaigns across different mediums including social media, billboards, TV & radio. She is now a creative strategist at one of Australia's largest billboard companies, specialising in art direction and ideation for brands such as ANZ, Disney, Specsavers & L'Oreal.

# Session I

## Marketing

### Senior School Downstairs



#### **Sally Hankridge (Hankin) (2008)**

##### Brand Marketing Manager - Frank Green

Sally is the Marketing Manager at Frank Green, an award-winning reusable products brand who is paving the way in sustainable living. Sally is a purpose-led marketer who has previously worked at Thankyou and RSPCA Victoria focusing on brand building, product marketing, fundraising and event management. Sally is very passionate about our planet and people and weaves this into her professional and personal life as much as possible.



#### **Stacey McArdle (2008)**

##### Managing Director - Tide Communications

Stacey is the Managing Director of award-winning PR agency Tide Communications. She steadily built the business up to 12 staff members over the past five years and is a highly experienced PR and communications professional. Stacey has led campaigns and key projects for many large Australian and International lifestyle brands including UNIQLO, Nintendo, Champion, Cotton On, Wittner, Rodd & Gunn and Calvin Klein. She has hosted press events in New York and Tokyo. Stacey also volunteered with the United Nations Women for 4 years, assisting the organisation with its International Women's Day Events.



#### **Genevieve Day (2009)**

##### Founder & CEO of the Day Mgmt Group

After completing a Bachelor of Professional Communications from RMIT, Genevieve started her career working at a lifestyle PR agency specialising in tourism and luxury hotels. After noticing a shift in the media landscape in 2015 she started her own business, influencer talent agency Day Management. Genevieve has been recognised from her work of founding one of Australia's first influencer marketing and digital talent agencies by the Australian Financial Review's Fast 100 List, Business News Australia's Young Entrepreneur Awards in 2018, 2019, 2020 and 2021 and making Forbes 30 Under 30 list in 2021. She was also a founding member of the Australian Influencer Marketing Council, and regularly speaks on the social media industry to programs such as Ch7 News, A Current Affair and The Project. Today, Day Mgmt has grown into the Day Mgmt group, comprised of two additional agencies - Next of Kin Mgmt for family talent, and a TikTok-specific agency Day Creators.



#### **Rachael Coulthard (2014)**

##### Multicultural Communication - Translation

After graduating, Rachael promptly set off to France for a gap year. During this time, she worked as an Au Pair in Paris for six months, followed by six months of independent travel across Europe. On returning Rachael enrolled at Monash University to pursue a Bachelor of Art (Languages) degree with French as her major. Rachael continued her academic journey at Monash University achieving a Master of Interpreting and Translation Studies. As part of her education, Rachael undertook an internship at Ethnolink. She secured full-time employment after the internship. Rachael took on various responsibilities including the marketing team, business development, and most recently led the development of a new division called Multicultural Communications. In her current role, as Head of Multicultural Communications, Rachael provides strategic advice to clients based on community consultation, ensuring that diverse voices are heard and involved in government communications. Additionally, Rachael holds a NAATI certification as a translator and works as a freelance translator in her spare time.

# Session I

## Health 1

Year 7/8 Area

### **Sophie Wallace (Johnson) (2009)**

Forensic Mental Health Nurse - Clinical Nurse Educator



### **Laura Perree (2014)**

Paramedic

Laura took two gap years between finishing school and starting work. Laura has been working as an ambo for 4.5 years, working both rurally and in metropolitan Melbourne. Currently, Laura is working full time at the Werribee Branch, and teaching paramedic students at Victoria University on her days off. Laura has a certificate in mental health, a bachelor in paramedicine and is currently undertaking a certificate 4 in training and assessment.

Although there are big highs and big lows of being a paramedic, Laura loves what she does and wouldn't want to be doing anything else. Laura is thinking about moving overseas next year to work in a different field of healthcare and have a break from shift work.



### **Cara Adamopoulos (2014)**

Critical Care Nurse Emergency

Cara graduated from Strathy after 14 years at the school and commenced a double Bachelor's degree in Nursing and Public Health and Health Promotion at Deakin University in 2015, which saw her studying full time. Deakin University gave her the opportunity to travel abroad with her studies, completing subjects in Fiji and in the Philippines. Cara was also able to volunteer in the health field during the semester breaks in Cambodia and Zambia with the Deakin Abroad program. Cara received a Global Citizenship award at the completion of her studies for her contribution to the global community.

Cara had a wide range of opportunities, with nursing placements ranging from surgical wards, to acute mental health units, to correctional care. Cara commenced her Graduate Nursing Program at Eastern Health; Box Hill Hospital in the Emergency Department and she has been working in this specialty ever since.

Cara completed multiple internal up skilling programs and returned to her Post Graduate studies in Advanced Clinical Nursing at Monash University. Cara is now a Critical Care Registered Nurse which has enabled her to care for the most critically unwell patients in a hospital. She has recently advanced to becoming a Clinical Nurse Specialist in Emergency Nursing. In this role Cara mentors and leads other junior nurses and contributes to quality improvement projects.

# Session 2

## Education & Social Work

### Senior School Upstairs



#### **Clare Gardner (2006)**

##### Social Work/Teaching

After finishing at Strathcona Clare took a gap year to the UK and worked in a respite care centre for adults with a disability (this life experience cemented her career aspirations to become a social worker). Once back in Melbourne Clare went to RMIT for a five-year double degree in Social Work/Social Science (Psychology) including placements in AOD and abroad in India with an NGO.

After graduating Clare relocated to Shepparton for two years working in case management with Berry Street in kinship/foster care. Clare then travelled around Australia for 7 life changing months and then begun working at MCM with young people in out of home care, most of whom had been excluded from school, supporting them with their education goals. Following this, Clare travelled back to the UK and worked in residential care with young people with autism for 2 years. Clare recently lived in Croatia (throughout COVID19) with her husband for 4 years and took a career break and tutored English as a second language online to people in Asia.

In the last 12 months, they moved back to Melbourne and Clare is now working at Hester Hornbrook Academy working with the Alumni to help with their transition beyond their time at the school!



#### **Shelley Lipshut (2007)**

##### Secondary School Teacher

Shelley attended Strathcona ELC to Year 3. Shelley has been working in education for the past 10 years across both the Catholic and Independent systems. After completing her VCE at Ruyton Girls' School where she focussed on a wide breadth of subjects including Biology, Physics, Maths Methods, French, Drama and English, she attended Monash University to complete an Arts/Science Double Degree majoring in English literature and Biochemistry. She then went on to complete a Masters of Teaching (Secondary) at the Melbourne Graduate School of Education majoring in Biology and English teaching methods. After completing her masters thesis in Scientific literacy, she travelled around the United States and then returned to begin her teaching career in the Sciences in 2014. She has since completed her Masters of Education in Leadership and Management at Deakin University. In 2023 she begun teaching VCE Biology and Science at Strathcona and is also part of the Senior Wellbeing Team fulfilling the role of Year 7 Coordinator.



#### **Caroline Morrison (2013)**

##### Primary School Teacher

After completing Year 12 at Strathcona, Caroline went on to study a Bachelor of Science majoring in Physiology at Monash University. She then decided to complete a Masters of Primary Teaching at Deakin University, finishing this in 2019. Since then she has been teaching at Toorak Primary School.



# Session 2

## Law & Criminology

### Senior School Downstairs

#### **Fiona Lahey (1974)**

##### Criminology/Department of Justice

Fiona has an undergraduate Arts degree (Honours) from Monash University and a post graduate Diploma in Criminology (Honours) from Melbourne University. Fiona has worked for over 2 decades in the Department of Justice in a broad variety of roles ending as a Court Advice Specialist and starting her career entering and exiting Pentridge several times weekly.



#### **Katherine Allison (2005)**

##### Lawyer - Clayton Utz

Katherine went straight to university after graduating, studying Arts (majoring in Political Science and French) at Melbourne University finishing her degree in 2008 with a 6 month exchange to Lyon in France. After finishing Katherine took 12 months off, spending 3 months in South America travelling and undertaking volunteer work. As part of her volunteer work, Katherine spent 10 weeks in the Ecuadorian Amazon doing conservation work, undertaking research on the impact of communities on the local environment and teaching English one day a week in a community school. After returning home, she studied law at Melbourne University, completing the Juris Doctor in 2012 and started work as a graduate lawyer at Clayton Utz in 2013. As part of her graduate year, Katherine worked in the Real Estate and Corporate teams and ultimately settled in the Corporate / Mergers & Acquisitions / Equity Capital Markets team, where she continues to practise as a Special Counsel. Her day to day work is varied, advising corporate clients on business acquisitions, transactions to raise additional money or list on the Australian Securities Exchange, acting for both corporate and government clients on large infrastructure projects, as well as providing general corporate advice to clients on a range of matters.



#### **Zoe Hough (2010)**

##### Senior Federal Prosecutor - Commonwealth Director of Public Prosecutions

Zoe is currently working in the Human Exploitation and Border Protection team as a Senior Federal Prosecutor.

After completing VCE Zoe completed a Bachelor of Arts and Juris Doctor at the University of Melbourne. In 2018, Zoe moved to Canberra to complete the Graduate Program at the Department of Defence, working in diverse areas such as international and strategic policy, legal, and risk management. Zoe commenced work at the Commonwealth Director of Public Prosecutions at the end of 2019 and has worked across a number of teams and offices since that time.

# Session 2

## Technology

Year 7/8 Area



### **Sarah Gales (1992)**

#### Nuclear Medicine Technologist

For seventeen years, Sarah has worked as a Nuclear Medicine Technologist, gaining extensive experience with diverse systems and environments. A career highlight for Sarah was consulting on a new department setup in Abu Dhabi. During her tenure, Sarah has honed her teaching and training skills, serving as a student and intern supervisor after earning her Masters in Professional Education and Training.

Embracing new challenges, Sarah became the Centre Leader for a Radiation Therapy Centre in Bundaberg. Later, she transitioned to a role as a Customer Application Specialist, where she trains, supports, and contributes to the development of software that coordinates medical imaging.



### **Romie Leathem (1999)**

#### IT Sector

Curious about how technology can change the world?

Romie has been in the technology field for over 20 years. I started my career at a service desk, helping people solve their tech problems. Since then, Romie has explored many exciting paths in technology, from programming and business analysis to project management and cybersecurity to business strategy and performance in her role as Chief Information Officer (CIO). Today, as an executive and enterprise architect, Romie design people, processes and technology solutions that help businesses thrive.

Throughout her career, she has had the privilege of working in various industries, including legal, building, health, government, pharmaceuticals and logistics. Romie has also had the opportunity to lead and develop talented teams, sharing her knowledge and helping others grow in their careers.

Romie is passionate about sharing the endless possibilities a career in technology offers. Whether it's creating the next big app, securing data, or finding innovative ways to solve problems, there's something for everyone.



### **Charlotte McKinnon (2013)**

#### IT Sector - Realestate.com.au

After graduating Charlotte went on to study Arts/Commerce at Monash University before joining the NAB graduate program in 2018. She worked as a Business Analyst at NAB and specialised in setting up Salesforce systems, before joining REA Group in 2021 where she worked with product and sales teams on realestate.com.au.

Charlotte currently works as a Delivery Lead at REA Group, where she leads a team of developers to build data products for Mortgage Choice. She has also spoken at several industry conferences about ideas for improving delivery practices in technical teams. Charlotte is passionate about nurturing future tech talent and building innovative products for customers.



# Session 2

## Business 1

Featherstone Hall



### **Sue Langford (1991)**

#### Management Consulting - KPMG

Sue is the Director - Customer & Operations Advisory at KPMG Australia. She is passionate about driving transformation through the lens of CX and Innovation. Transformation and Change Leader | CX | Operational Excellence. Sue is a high energy, humanistic, encouraging and compassionate leader whose core belief is that the most important resource any organisation has, is its people. Sue is based in Melbourne and brings experience from previous roles at nbn™ Australia and Optus. Sue holds a 2010 - 2012 Lean Six Sigma Blackbelt @ AGSM @ UNSW Business School. She has a robust skill set that includes Analysis, Telecommunications, Stakeholder Management, Business Analysis, Business Process Improvement and more, Sue contributes valuable insights to the industry.



### **Hannah Fitzgerald (2000)**

#### Risk Management/Valuation Oversight - IFM Investors

Hannah works in risk management and valuation oversight for IFM Investors, a fund manager for the super industry. Prior to this role Hannah was in risk consulting for financial services at PWC in Melbourne and London for about a decade. Prior to commencing her career, Hannah completed an Arts & Science degree.



### **Samantha Walker (2019)**

#### Commercial Management Trainee - L'Oréal

After graduating, Samantha pursued further studies at Monash University where she earned a double degree in Bachelor of Commerce and Bachelor of Arts. Throughout her university years Samantha gained professional experience through various roles and internships spanning accounting at a medical company to digital marketing. Along with the professional experience she undertook a seven month exchange program in the Netherlands. Currently positioned within the L'Oréal Group's graduate program, Samantha is undergoing two successive six-month rotations across different divisions. Her initial rotation focused on business analytics within the Consumer Products Division, known for brands such as Garnier, Maybelline, and L'Oréal Paris. Samantha is poised to transition to a permanent role within the company in 2025.

# Session 3

## Engineering & Environment

Senior School Upstairs



### **Rebecca Welsford (2009)**

#### Environmental Advisor - Construction Environmental Engineer

After finishing at Strathcona Bec went on to study Environmental Engineering at Monash University. She then went on to work in the construction industry as an Environmental Advisor. This has meant working with a range of engineers and tradesperson ensuring construction works are done inline with the various environmental obligations, requirements and guidelines. Bec has worked on a range of projects including road, rail and pipeline construction in both New Zealand and a number of states throughout Australia. Most recently she has been located in Melbourne working on Level Crossing Removals.



### **Laura Donaldson (2013)**

#### Senior Sustainability Consultant - AECOM

Bachelor Engineering and Architectural Design, Monash University



### **Kristen Fearn-Wannan (2014)**

#### Water Engineer

After studying Civil Engineering and Finance at Monash University, Kristen started work as a civil engineer at Spiire designing roads and utilities. Kirsten now works in the water engineering team designing rivers, wetlands and raingardens where her main focus is protecting waterways from the changing landscape.

# Session 3

## Business 2

Senior School Downstairs



### **Gemma Smith (2014)**

#### Sports Management

Gemma is a Deakin University graduate in Exercise and Sport Science/Business (Sport Management), currently working at the Australian Sports Commission in a Learning Centre Administrator role. Here she works with different sporting organisations to create and manage their coaching and officiating courses in the ASC Learning Management System.



Gemma finds value in work that helps to encourage sport participation. Starting out her career at Swimming Australia in a Sport Sustainability and Growth role which was a broad role that worked mostly in the Coach Education and Accreditation space. She then moved to Sports Entertainment Network. At SEN she worked as an Integration Specialist, implementing live sponsor credit lines for live sport and all national shows. Working in sport media, Gemma realised her passions are working in encouraging sport participation and the involvement in structures that enable sport rather than sport entertainment, which led her to her current role at the ASC.



### **Steff Fekete (2014)**

#### **Major Events - Operations Manager, League Support**

Steff's journey into her career started when a family friend got her a job with McArthur - a staffing company that facilitated the casual staffing pool for Ticketek. Starting as a Box Office Seller for the 2013 Australian Open as her first major event, it became obvious that she loved doing the job. It didn't take long to be promoted through the ranks to Box Office Manager in 2015.

Steff studied an Advanced Diploma of Business (Public Relations) and while studying she did four PR and Marketing internships across major Hotel chains and cosmetic companies in Melbourne and London but found that her heart was always in events.

By 2017, Ticketek had offered Steff a full-time role as a Client Services Coordinator working on the MCG, Victoria Racing Club (VRC/Melbourne Cup Carnival) and Blundstone Area (Hobart). In 2019 Steff was head hunted by the Melbourne Cricket Club (MCC) for a Ticketing & Accreditation Coordinator role. This role really helped stamp her path in the ticketing and events world. Nine months into this contract, Steff was head hunted again by Ticketmaster and was offered a job as a Client Manager. This role started three weeks prior to the Pandemic lockdowns commencing, but Steff was lucky enough to stay on board.

After nearly three years at Ticketmaster Steff took an opportunity in the Membership team and became Archtics - Solutions Specialist and eventually a new opportunity was created for her as Operations Manager - League Support (current role). This role sees Steff managing the AFL & BBL Operations nationally within Ticketmaster ensuring that anything operational and contractual is met, whilst ensuring positive relationships with their clients.



### **Mollie Zacharchuk (2019)**

#### **Business Owner/Nutritionist and Strength Coach**

Mollie's journey at Strathcona ignited her love for performing arts, leading her to focus on drama, theatre, and dance in Year 11 and 12. After graduating she initially pursued Arts/Law at Deakin University but shifted her focus to a full-time music theatre course. When COVID-19 forced Melbourne into lockdown, her studies were temporarily paused.

Following the first lockdown, she briefly pursued a Bachelor of PR and Communications at RMIT but deferred after six weeks. She completed her Certificate 3&4 in Fitness and discovered a passion for personal training. Initially intended as a means to support herself while pursuing traditional university studies, personal training became her full-time career as she fell in love with coaching. She expanded her expertise by studying nutrition and now runs an online & face to face coaching business specialising in coaching dancers and performers.

In February 2023, Mollie completed a digital marketing short course at Monash University. She now also freelances as a social media manager for two Melbourne-based businesses. Combining her coaching and freelance endeavours, Mollie now successfully operates a six-figure business at just 22 years old.

Mollie says that with drive, commitment and dedication you can do anything you can put your mind to. She enjoys the flexibility of setting her own schedule, loves her work, and takes pride in building her career without the burden of a hefty student debt.

# Session 3

## Health 2

Year 7/8 Area



### **Briony Jude (2004)**

#### Intensive Care Doctor

Dr Briony is an Intensive Care doctor and a Captain in the Army Reserves. She studied at Monash University and worked at Victoria's largest trauma centre during the pandemic. When not working, Briony enjoys spending time with her labrador Molly, a failed police dog. In her spare time she loves to travel and hike, and has even completed the trek to Everest Base Camp. Briony is dedicated to her work and enjoys balancing a busy professional life with exciting personal adventures. She is a former Arnold House deputy captain and still has her blazer. Her cousin is also a Strathcona alumna, who you might have heard of Hannah Jude-Smith OAM.



### **Hayley Runting (2007)**

#### Women's + Pelvic Health physiotherapy

After leaving Strathcona, Hayley went straight on to study a Bachelor of Physiotherapy at The University of Melbourne. Following four years of study and clinical placements, Hayley was offered a job by the Women's Health Physiotherapy practice she did one of her final year placements at. While going into such a niche area straight out of university is unusual, Hayley immediately enjoyed working in the Pelvic Health space. Like many students who go into Physiotherapy courses, she had always thought she wanted to do Sports Physio, but after working with a VAFA football team for a number of seasons, realised her love lay in Women's + Pelvic Health physiotherapy. She then completed further post-graduate qualifications in this area and now predominantly sees men and women with pelvic floor, bladder, bowel, pelvic pain and pregnancy/postnatal conditions. Hayley also runs an online postnatal pilates business, helping mothers after birth build their core and pelvic floor strength.



### **Jess Hamilton (2017)**

#### Nurse/Midwife

After graduating from Strathcona Jess commenced a double degree of Nursing and Midwifery at Deakin university, whilst studying a RUSON/M (Registered Undergraduate student of Nursing/Midwifery) program started to help the workforce during COVID-19.

Jess was able to work part time on nursing and midwifery wards while studying, working on basic skills and gaining further experience in the healthcare system. After graduating in 2021, Jess secured a graduate program place at Frankston Hospital where she was working at the time. The graduate program involved rotating through all areas of maternity from birth suite to home visits, as well as a nursing rotation of a medical/surgical ward. Jess has since stayed on at Frankston Hospital and now works across pregnancy assessment unit, birth suite and the postnatal ward. Jess also has secured a scholarship to complete a graduate certificate in sexual health at Melbourne University which she will be commencing in Semester 2 this year.



# Notes



**Strathcona**  
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